

Proposed session

The Resilient Leader - Tap into Your Tenacity & Create Your Legacy (90 minutes)

Today's leaders are faced with challenges never before experienced in the workplace. Constant change, lack of funding, cutbacks and interpersonal problems are just a few of the problems that can make the job seem overwhelming. It's no wonder that so many professionals experience feelings of stress, worry and anxiety on a daily basis.

A successful leader is able to deal with an ongoing succession of crises, conflicts and setbacks... **if** he or she has the right skill set.

Zaheen's highly-interactive presentation brilliantly addresses the key issues that every leader (seasoned or newbie) should know about.

Thank you, Zaheen, for your outstanding presentation to the Volunteer Resources team on Creating a Resilient Volunteer Organization. I was so impressed with the effort you put forth in preparation for the session and for taking the time to learn about our department. You are truly an inspiring, uplifting and elegant speaker with a passion that motivates the listeners to formulate and proceed with their own goals. Thanks so much!

Lynn Gray, Alberta Health Services, Manager-Volunteer Resources

You Will Learn:

- ✓ Fostering a sense of community and engagement in the workplace using the principles of LIMP™
 - **L**isten
 - **I**ntent
 - **M**atch and Mirror
 - **P**ace and Perspective
- ✓ Developing flexibility and adaptability so you can be in control, using a Formula called PRO:
 - **P**lan Ahead
 - **R**eframe
 - **O**bstacle Mastery

- ✓ Adopting a victor mindset and letting go of the victim mindset, by asking 4 critical questions
- ✓ The 7 Universal Cycles of Change, allowing change to be embraced rather than resisted. The phases of change are:
 - Creation, Growth, Maturity/Complexity, Turbulence, Chaos, Letting go and Dormancy.

Need a Concurrent Session? Not only is Zaheen a dynamic keynote presenter, her exciting, interactive concurrent sessions are always ranked “Simple and Transformative!” Ask about complementary topics in half-day formats.

The Resilient Leader
Tap into Your Tenacity and Create Your Legacy

RESILIENT LEADER

- COMMUNITY & ENGAGEMENT USING LIMP™**
- NAVIGATE OBSTACLES USING THE PRO FORMULA**
- 4 QUESTIONS TO SHIFT FROM VICTIM TO VICTOR MINDSET**
- 7 UNIVERSAL CYCLES OF CHANGE**

THE Resilience REFLEX
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